## WE CLAIM:

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- 1. A tethering system according to the present invention, comprising:
- a tether housing having an internal tether that is extendable from said tether housing under a pulling force, said tether retracting into said tether housing when said pulling force is removed;
- a mounting apparatus integral to said tether housing 10 and arranged to mount said tether housing;
  - a holstering system integral to said tether housing and arranged to allow a personal device to be mounted to said tether housing with said extendable/retractable tether attached to said personal device, said tether being extendable to allow use of said personal device while also preventing said personal device from falling to the ground when said tether housing is mounted.
- The tethering system of claim 1, further comprising a
  lanyard loop between said tether housing and said personal device, said lanyard loop allowing said personal device to be mounted to said housing without tension on said tether.
- 3. The tethering system of claim 1, further comprising a lanyard attachment to prevent said tether from fully retracting into said tether housing.
- The tether system of claim 1, wherein said holstering system comprises an elevated slot arranged to receive a
   pivoting ball on said personal device.

- 5. The tethering system of claim 4, wherein said elevated slot comprises a retractable locking pin to hold said pivoting ball in said slot.
- 5 6. The tethering system of claim 4, wherein said elevated slot is U-shaped and one of the legs of said U-shape elevated slot comprising a hinge to hold said pivoting ball in said slot.
- 10 7. The tethering system of claim 1, further comprising a ratchet lock to hold said tether at a desired extended length.
- 8. The tethering system of claim 1, wherein said tether extends from said housing through a top surface of said housing.
  - 9. The tethering system of claim 1, wherein said tether extends from said housing, through a front surface.
  - 10. The tethering system of claim 1, wherein said mounting apparatus comprises a mounting clip.
- 11. A tethering system according to the present invention, 25 comprising:
  - a tether housing having front and back surfaces;
  - a tether internal to said housing;

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a spring internal to said housing and arranged to allow said tether to be extended from said tether housing against the force of said spring and said spring urging said tether to retract into said housing;

- a mounting apparatus on the back surface of said tether housing, said mounting apparatus arranged to mount said tether housing to a person;
- a holstering system on the front surface of said tether housing and arranged to allow a personal device to be mounted to said tether housing with said extendable/retractable tether attached to said personal device, said tether being extendable to allow use of said personal device by said person, said spring and tether also preventing said personal device from falling to the ground.
  - 12. The tethering system of claim 11, further comprising a lanyard loop between said tether housing and said personal device, said lanyard loop allowing said personal device to be mounted to said housing without tension on said tether.

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- 13. The tethering system of claim 11, further comprising a lanyard attachment to prevent said tether from fully retracting into said tether housing.
- 14. The tether system of claim 11, wherein said holstering system comprises an elevated slot arranged to receive a pivoting ball on said personal device.
- 25 15. The tethering system of claim 14, wherein said elevated slot comprises a retractable locking pin to hold said pivoting ball in said slot.
- 16. The tethering system of claim 14, wherein said 30 elevated slot is U-shaped and one of the legs of said U-shape elevated slot comprising a hinge to hold said pivoting ball in said slot.

17. The tethering system of claim 11, further comprising a ratchet lock to hold said tether at a desired extended length.

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18. The tethering system of claim 11, wherein said mounting apparatus comprises a mounting clip.